

## CLEAN BCAA™ - Frequently Asked Questions

### ★ What are the key ingredients?

CLEAN BCAA™ is made from 3 natural food-sourced ingredients:

- ★ BCAA's from 100% Fermented Non-GMO Corn
- ★ BCAA's instantized with Sunflower Lecithin
- ★ Coconut Water Powder - Natural Electrolyte Replenisher

### ★ How is CLEAN BCAA™ different from other products?

CLEAN BCAA™ is 100% Natural, Vegan, Non-GMO, Gluten Free, Soy Free, and Free of Artificial Flavors, Colors, Preservatives, Additives and Synthetic Ingredients.

- ★ Made from 100% Fermented Non-GMO Corn.

Most other BCAA's are made from Human Hair or Duck Feathers.\*

- ★ Instantized with Sunflower Lecithin and is Soy-Free.

Most other BCAA's instantized BCAA's are made with Soy Lecithin.\*

- ★ Made with Dehydrated Coconut Water, a natural source of electrolytes.
- ★ Made from only natural food-sourced ingredients.

### ★ Why would someone use this product?

CLEAN BCAA™ is intended for use by healthy adults, looking to increase lean muscle mass, and improve strength and performance, improve recovery times, burn fat and reduce muscle loss from dieting or intense training.\*

### ★ How does it work?

BCAA's not only increase muscle protein synthesis (MPS), they may help increase the utilization of the protein you ingest by increasing the rate and capacity of MPS.\* Add the anti-catabolic (muscle sparing) effects and you are helping to increase MPS while reducing muscle loss — the perfect equation to help add and maintain muscle even when burning fat.\* Recent studies suggest BCAA's may help maximize fat loss as well.\*

### ★ What are the key product claims?

CLEAN BCAA™ may help:

1. Increase Muscle Protein Synthesis (MPS)\*
2. Reduce Muscle Breakdown\*
3. Reduce Muscle Soreness and Promote Recovery\*
4. Increase Strength\*
5. Replenish Electrolytes\*

### ★ How do I take it?

As a dietary supplement for adults, mix 1 scoop with favorite beverage, twice daily. For optimal results, consume during and/or within an hour of exercise. Unflavored to mix with pre or post workout drinks, protein shakes, juice, smoothie or favorite beverage.

### ★ How many servings per container?

30 servings per container.

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\* These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.



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